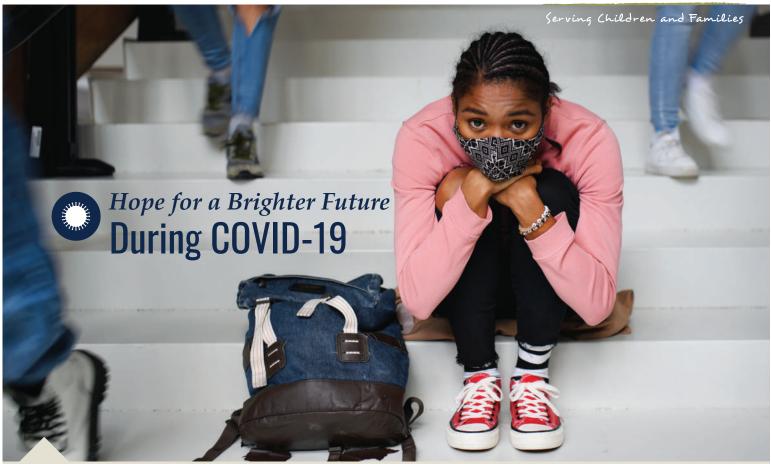
2021 FALL

IMPACT REPORT





We expected to release this 2021 Impact Report at a time when the coronavirus pandemic was firmly behind us in the rear view mirror. Unfortunately, with variants ravaging communities with low vaccination rates, schools only just re-opening and our economy still in a fragile state of recovery, we feel that we are more in a place of holding steady in the storm. Through all of this, our staff continue to work double shifts and overtime to keep our youth and families safe, our doors open and our critically needed services available to anyone who needs them.

And while Parrott Creek always believes that a better and brighter future is possible - and is what we are committed to providing to those in our care - we are also readying ourselves for a tidal wave of need to hit our door. As we talk to our partners we see child abuse hospitalization rates and adolescent ER visits on the increase, declining child and youth emotional health, and drug and alcohol misuse amongst adults at worryingly high levels.

In response to this, we want to share the positive impact we have had over the last six months, and to also let you know what we are doing to be a place of refuge and nurturing for children and families in the months to come.

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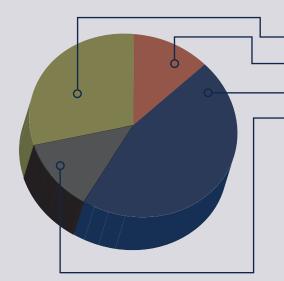
Vision

To be a regional center of excellence in service to children, youth and families.

Mission

Parrott Creek helps children and families identify strengths and develop skills that build stronger families and safer communities.





30% of youth successfully completed Parrott Creek treatment
12% of youth successfully transitioned to higher level of care
46% of youth transferred to other programs for ongoing support
12% of youth were unsuccessful in placement

We increased our enrichment and athletic support to keep youth active and engaged in fun and pro-social activities.

- 18 youth participated in summer credit recovery
- One youth graduated from high school & two received their GED
- Two 10 week sessions with Street Soccer
- Bi-monthly workshops with Friends of Tryon Creek
- Trail building bi-weekly
- August field trip to the beach
- Art project with the Clackamas County Arts Alliance

The Ranch & New Era House

Serving youth in the juvenile justice and child welfare systems, the family engagement work within our Residential Treatment Programs continues to play an even larger role in transitioning youth from treatment to their home environment, as on and off site visits have been heavily restricted over the last year due to the pandemic. This means youth are graduating from our care without the opportunity to practice skills and implement safety plans during weekend visits or their family coming on-site. However, our family engagement work continues to provide on-going support during youth transitions to ensure the safety and success of our youth and their families.



Youth Council Update

We are pleased to share that many of our enrichment activities and athletic offerings are led by our new Youth Council. Through this formal body, we solicit feedback from youth about the type of activities and programming that are of interest to them and can help progress their treatment. The Council helps us to prioritize the treatment needs and interests that align with our youth, particularly around race, culture and identity. As we continue adding and growing our services, the Youth Council will play a key role in the process of developing program activities and curriculum.

Looking Ahead

The many challenges our communities face today motivates us to develop a responsive array of services supported by a modern, trauma-informed residential campus that is complemented by innovative community-based programs. Increasing treatment capabilities, strengthening transition services, developing staff skills, and supporting the resilience of those we serve will result in an improved community well-being at a significantly lower cost to society.

Simply put, our vision is to become a regional center of excellence in service to children and families.



Children & Mother's Program

Parrott Creek and True Housing developed the Children and Mother's Program to address the unmet needs of young women, particularly mothers under the age of 25, who are struggling with alcohol or drug misuse during an emotional and/or mental health crisis, facing housing insecurity, and finding themselves uniquely and critically impacted by long-term impacts of the coronavirus pandemic.

Led by our Steps to Active Recovery (STAR) outreach team, peer mentors provide health system navigation and additional support for these young women and their children. The program provides a continuum of care that combines intensive outreach support with transition into safe and stable housing. We work to address substance misuse, behavioral and healthcare access, life-skills development, houselessness, positive parenting and the socio-emotional development of their children.

In partnership with CareOregon, our Children & Mother's Program also incorporates Traditional Health Workers into this service model.



Steps to Active Recovery (STAR)

- Engaged with 166 parents seeking education and assistance for substance use issues
- 24 parents successfully entered substance use treatment
- Our Children & Mother's programs served 17 parents and their 33 children
- 5 Families moved on to permanent housing

Lifeguards

Lifeguards is our community based program that provides assessment and outpatient treatment services for adolescents who exhibit sexually inappropriate behavior. After adapting to remote support for youth and families in 2020, our Lifeguards Therapist continued to maintain contact and provide telehealth therapeutic treatment for youth in the community.

Impact Spotlight: Paul Stanzione, LIFEGUARDS THERAPIST

"Recently, we had a youth who made tremendous progress due to our program as well as support he is receiving in the community. He denied his offense initially, was very impulsive, and also brings a significant trauma history. He has come full circle and is now taking responsibility and showing a lot of insight into what led to his behavior, how it impacted the person and her family, and has also shown great understanding around consent, boundaries, and healthy relationships. He has had a lot of ongoing conflict with his mother and family, but lately has been helping out more around the house without being asked, is thinking proactively of how his actions affect his mother, and is considering her when he makes decisions. She looked so proud of him during our last meeting and you could tell he was proud of himself. This is a big change for a youth who has really struggled with his self-esteem and felt like he had little control of himself and his life."

- 100% of youth participants did not have new criminal sexual referral while in the program
- 97% of youth participants did not have new criminal referral while in the program
- 100% of youth participants did not have new criminal sexual referral within 12 months of exiting the program
- 36 youth served so far in 2021
- 303 individual counseling sessions provided
- 45 individual family sessions

Looking Ahead

We are using the success of the Lifeguards treatment model to extend this program to youth *before* they enter the criminal justice system. Healing trauma and positively impacting on Adverse Childhood Experiences is critical to healthy and successful futures for our children and youth. We are creating a community-based outpatient program for children in foster and congregate care who cannot access appropriate treatment and support for sexually harming behaviors. This project is being developed with support from the M.J. Murdock Charitable Trust and, latterly, the Collins Foundation.



System-Wide Impact

Parrott Creek firmly believes in partnerships and knows that none of our success happens in isolation. Our work is only as good as the many other community organizations who also provide services and supports to our children, youth and families. Some recent collective impact and legislative advocacy we have been part of includes:

- The passage of HB 2204 which allocates \$4M to new restorative justice programs across the state
- \$10+M in additional funding for youth residential programs so that we can increase staff salaries
- Passage of HB 2544 which provides \$4.6M new funds for homeless youth services
- \$6M in additional funding for the expansion of Independent Living Programs for youth in foster care
- With the Safe Kids Coalition for Clackamas County, identifying \$8.1M of trauma and safety services for children needed to address the impacts of the pandemic locally



This spring, the community came together to support Parrott Creek during our Week of Giving for a Year of Impact, raising over \$100,000! THIS demonstrates the direct impact our donors, partners, sponsors and volunteers have on our communities and how THEY show up in support of our children, families, and dedicated staff!

Visit our website or YouTube to view the videos spotlighting our programs and the incredible children, teens, and families we have the privilege of serving.





Follow Your Support in Motion!





