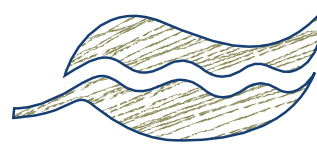


Thank you for being part of our caring community!

2020 FALL

# IMPACT REPORT



parrott creek

Serving Children and Families



## Courage to Carry on During COVID-19

During these last eight months of challenges and adaptations in response to, first, the COVID-19 pandemic and then the devastating forest fires, our programs have all continued uninterrupted. Knowing that we work with some of the most vulnerable members of our communities, the emphasis has been on providing our services in as safe a manner as possible for staff, youth, and families. During this period we have helped over 203 children and families to stay safe and get the support they need.

While we have all been navigating our individual and family challenges during these unprecedented times, it is a true testament to the community of support we have built that we can rely on our partners, donors, and staff to show up for our participants, to deliver our programs without interruption, and to model the resiliency and hope that we know exists in our youth and families. *Thank you for being part of our caring community!*



Once a family calls on us, they are not alone.

## Strategic Plan 2020-2023

We have completed our Strategic Plan for 2020-2023 and we welcome the opportunity to further discuss and develop our vision with you. Please visit our website to view the plan or request a physical copy: [www.pccreek.org/strategic-plan](http://www.pccreek.org/strategic-plan)

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## Residential Treatment Programs

When our on-site school closed in March due to the pandemic, we immediately increased our staff support for educational programming and restructured our enrichment activities. In the spring, two youth achieved their high school diplomas, and over the summer we continued the second year of our credit recovery work—with all youth making good academic progress.



### The Ranch

The family engagement aspect of our Residential Treatment Programs has been playing an even larger role in transitioning youth to their home environment due to on and off site visits being heavily restricted since March. Youth are graduating from our care without having as many opportunities to practice their acquired skills and to implement safety plans during weekend visits or when their family comes on-site. Our therapists and case managers now provide increased support and counseling during youth transitions to ensure the safety and success of both our youth and their families.



### New Era House

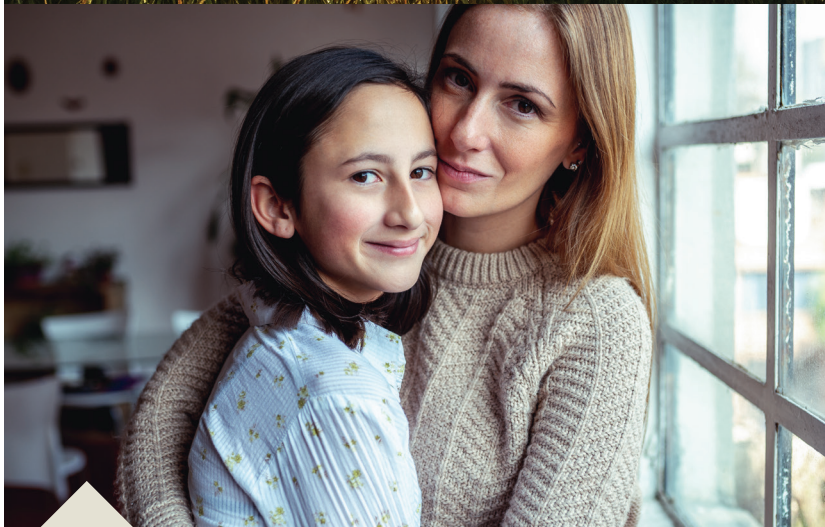
We are reaching the one year anniversary of providing residential treatment for foster youth in the Child Welfare system. Working with highly traumatized children and teens, our focus is to provide a “family” environment with an emphasis on healthy attachment and self-sufficiency skills. With many of the stresses in our communities affecting our children, staff and youth deepened their mindfulness practice to work through trauma and build their resiliency. Our New Era youth continued to flourish when met with unconditional positive regard—a practice at the core of all of our programs.



### Looking Ahead

We are delighted to announce that we have reached an important milestone at our residential site: after operating our programs on the 80-acre property since 1968, the Clackamas County Board of Commissioners voted in August to transfer full ownership to Parrott Creek. We are honored for this vote of confidence in our track record and the potential it brings. We have a strong vision for the site: building new structures that support best practices for treatment and the opportunity to grow and support even more children, youth and families as a regional center of excellence.

We also acknowledge that this 80 acres of forest, wetland and creek are ancestral lands of the Clackamas people, and we wish to honor this legacy. In partnership with Friends of Tryon Creek, we are developing a Cultural Environmental Education & Trauma Healing Project that combines culturally inclusive environmental education, trauma-informed healing practices, and Indigenous land restoration.



## Lifeguards

Lifeguards is our community based program that provides assessment and outpatient treatment services for adolescents who exhibit sexually inappropriate behavior. After quickly adapting to a telehealth model of support due to COVID, our Lifeguards Therapist continued to provide therapeutic treatment for youth in the community along with signposting families to other services and supports they may find beneficial.

Supporting 21 families so far this year, the Lifeguards program recently had 5 youth complete their multi-year treatment process. These youth and their families have overcome a variety of barriers and have addressed issues that impacted their ability to fully engage in treatment. Their successful completion of the program after a long-term engagement shows the importance of our holistic approach in meeting a youth and family where they are at-- instead of imposing unrealistic expectations on their treatment. We are proud of the hard work of our youth and families through these challenges, and we are happy to report that youth had no new offenses while in treatment.



## Children & Mother's Program

Parrott Creek and True Housing developed the Children and Mother's Program to address the unmet needs of young women, particularly mothers under the age of 25, who are struggling with alcohol or drug misuse at a time of emotional/mental health crisis, facing housing insecurity, and finding themselves uniquely and critically impacted by COVID-19.



## Steps to Active Recovery (STAR)

The STAR outreach team of peer mentors provide health system navigation, emotional support and general guidance for these young women and their children. The goal of the program is to provide a continuum of care that combines intensive outreach with transition into safe and stable housing. We work to address substance misuse, behavioral and healthcare access, life-skills development, houselessness, positive parenting and the socio-emotional development of their children. This support includes COVID-19 exposure mitigation and protective measures.



## Looking Ahead

We are launching a pilot project to expand our Lifeguards treatment program and support some of the most vulnerable children in our Child Welfare system. Our goal is to create a community-based outpatient program for children in foster and congregate care who cannot access appropriate treatment or support for sexually inappropriate behaviors. With support from the M.J. Murdock Charitable Trust, the program is launching this fall.



## Mission

Parrott Creek helps children and families identify strengths and develop skills that build stronger families and safer communities.

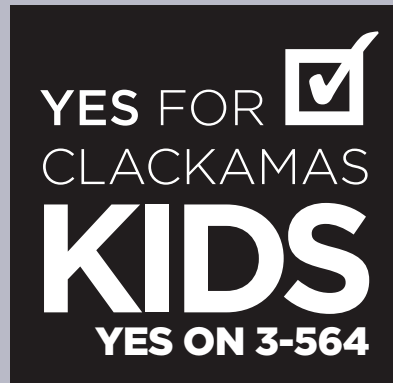
## Vision

We seek to become a regional center of excellence in service to children, youth and families.

## Vote YES for Clackamas Kids!

Safe Kids Clackamas is a coalition of community organizations that have come together to ensure the critical services that deliver the safety, permanency and well-being of children in our community are available and accessible whenever they need support. The Safe Kids Coalition worked with the Board of County Commissioners and many other partners to get the Clackamas **Children's Safety Levy** on the November ballot. The Levy will support trusted local nonprofits serving children and youth impacted by violence, neglect, and abuse. It will fund critically needed local services that we know work to protect kids, and help them heal.

Please visit [yesforclackamaskids.org](http://yesforclackamaskids.org) to learn more or donate in support of this campaign. And when you cast your ballot this election, be sure to **vote Yes for Clackamas Kids!**



## Parrott Creek January-August 2020 Results By the Numbers

### STAR

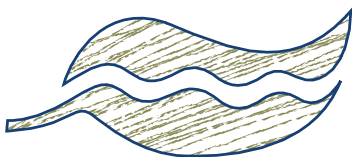
- **157** referrals
- **912** engagements with parents
- **803** professional consults on behalf of clients
- **24** parents have successfully entered substance use treatment

### RESIDENTIAL

- **25** Youth Served
- **1,350** hours of Individual therapy sessions
- **8,100** Group Session hours
- **85** hours of Family Support sessions
- **2** youth graduated high school 1 youth attained GED
- **100%** of youth achieved credit recovery during our summer school program

### LIFEGUARDS

- **100%** of youth participants did not have new criminal sexual referral while in the program
- **93%** of youth participants did not have new criminal referral while in the program
- **100%** of youth participants did not have new criminal sexual referral within 12 months of exiting the program
- **21** youth served so far in 2020
- **263** individual counseling sessions provided
- **10** group counseling sessions
- **24** individual family sessions



**Parrott Creek**

Serving Children and Families  
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Follow Your Support in Motion!

