

Thank you for being part of our caring community!

FALL 2023 IMPACTING LIVES.



BY: **Simon Fulford** EXECUTIVE DIRECTOR

On nearly every measure, Oregon seems to be failing its kids. We rank pretty much worst in the nation for levels of child and adolescent mental health challenges and addiction issues, with the same statistic for adults. Today Oregon has fewer community-based residential programs for kids in foster care or the juvenile system, meaning they end up languishing in detention facilities, stuck in hospital emergency rooms with nowhere else to go, or suffering further abuse and trauma in the community. If I wasn't the optimist that I am, I might just give up...

As you know, the Parrott Creek team never stands idly by, never believes things can't change and always believes that we should be part of the solution. And that is exactly what we have done. Over the last year we invested an inordinate amount of staff time, expertise and our financial resources in deepening our impact with each and every child, teenager or adult in our care. We looked at what works in our programs, what we can do more of, what we build on and what we can do to reverse the seemingly intractable downward spiral we see in so many local communities.

Were we successful? While it may be too soon to say how our efforts helped turn Oregon back into the state we know and love, the evidence enclosed speaks to how Parrott Creek staff support our clients rebuilding their lives which, in turn, helps rebuild our communities.

ParrottCreek

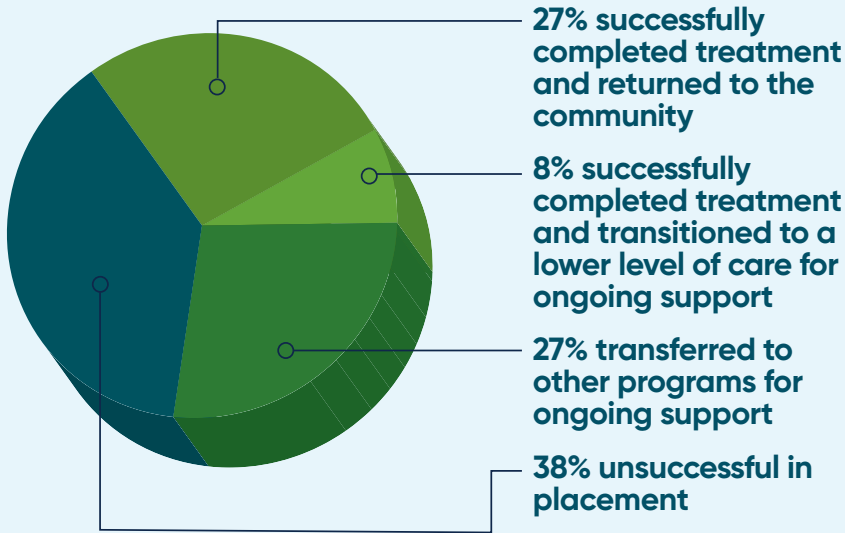
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RESIDENTIAL TREATMENT PROGRAMS

43 youth served in 2022-23 FY with 62% successfully completing or transitioning from the program.

Serving youth in the juvenile justice and child welfare systems, our Residential Care Program provides counseling, skill building and therapeutic support to help youth and families work together to create stable, safe and nurturing home environments.



Youth Engagement Statistics

- 93% of youth reported positive changes in their lives.
- 60% of youth reported positive changes in their lives AND reported scores above the clinical cut off for treatment.
- 100% of youth attended on-site school with demonstrated grade level improvement.
- 100% of youth engaged in substance abuse treatment, mental health support and skills groups.
- 100% of youth participated with their families in the Family Engagement Program.

Youth Enrichment

- On-site enrichment activities include soccer, basketball, and yoga practice; access to our on-site gym; culturally specific workshops; and puzzles, games, and art activities.
- Off-site enrichment activities include tours of Portland and Clackamas Community Colleges, hiking, swimming, bowling, and going to the movies and arcade.
- Collaboration with professional artists on creative writing and photography projects.
- Youth participated in our Cultural Ecology Project's weekly nature walks, environmental education, engagement with the tribal communities, and trail building activities.



LOOKING AHEAD

Over a decade ago we started planning the renovation of our residential treatment campus. As we moved from concept to initial design the world was hit by the coronavirus pandemic and Oregon's child welfare and behavioral health systems collapsed. In response to this, we engaged local and national experts as we re-envisioned the care, treatment and physical spaces provided to youth so that they embody restorative justice, healing and wellness. Quite simply, if we don't want kids to end up homeless or locked up in prisons, we must invest in the community infrastructure that will best help them succeed in life. **For too long society has failed these kids. No more.**



HOUSING PROGRAMS



INDEPENDENT LIVING PROGRAM

Molalla House is our five bed Independent Living Program in Oregon City. This

transitional housing program supports youth aging out of foster care who could benefit from ongoing client-centered support.

4 youth served

2 completed the program and found permanent housing



RECOVERY HOMES

Recovery Homes provides two home sites with nine units to young mothers in recovery, and their children.

21 parents served with 36 children

8 completed the program and found stable housing

COMMUNITY OUTREACH



STEPS TO ACTIVE RECOVERY (STAR)

Peer support engages parents in treatment services and helps them access preventative healthcare support.

187 parents served with 328 children

45 entering drug and alcohol treatment



HOME SAFE

Providing up to 12 month rent assistance serving homeless youth between the ages of 16-24 yrs old who have children in their primary care or are pregnant.

18 parents and 16 children served, with 6 families moving on to stable housing



ALCOHOL & DRUG HOUSING ASSISTANCE PROGRAM

Providing housing-focused financial support for adults engaged in substance misuse treatment services.

68 clients served

OUTPATIENT SERVICES



OUTPATIENT MENTAL HEALTH SERVICES

Mental Health Services for youth and adults ages 11-35.

25 Clients served



SUBSTANCE USE DISORDER TREATMENT

Substance Use Disorder / Drug and Alcohol Treatment for ages 12+ and adults (including intensive outpatient).

63 Clients served



LIFEGUARDS

Lifeguards is a community based program that provides assessment and outpatient treatment services for adolescents who exhibit sexually inappropriate behavior.

34 Youth served

9 Clients successfully completed services

474 individual counseling sessions provided

10 individual family sessions provided

96% of youth participants did not have new criminal sexual referral while in the program

100% of youth participants did not have new criminal referral while in the program

100% of youth participants did not have new criminal sexual referral within 12 months of exiting the program





IMPACT SPOTLIGHT: Home Safe Program

We often talk about walking alongside our clients as they navigate their own path to success, and Rob's story is just that. Before coming to our Home Safe Program, Rob had been homeless for a year and a half with his two young children, living in his car or couch surfing. His license was suspended for unpaid parking tickets and, when he was able to find work, his wages were garnished for custody payments (even though he had full time care of his sons). When his children spent time with their mother, it was often in unsafe circumstances that he was not legally able to prevent or intervene.



When he entered the Home Safe Program, Rob set his sights on stability and worked every day to make progress on his goals. His case worker helped him find free legal consultation to gain full custody of his children and advocate for their safety when visiting their mother. He was connected to child care resources and an expungement clinic so that he could find work and get his driver's license back.

After less than a year Rob secured a full time position he enjoys, is debt free with a few months rent in savings, and his boys are fully in his care. Rob is starting the next chapter of his life, and it wasn't Parrott Creek that made it happen, it was his hard work and dedication to his children.

Our Home Safe caseworker, Ky, understands that housing is tied to so many other circumstances and her work with Rob exemplifies just that. To her, Rob's story is the *"...definition of resilience. He is really amazing and knew exactly what he wanted. I was there to validate him and let him be the pilot of his own plane. We were able to help him knock out all the goals he made for himself and it was incredible to see a single dad fighting for himself and his children like this. I'm very proud of him."*

We meet our clients where they are at, with an understanding that they are doing their best with the tools available to them. **Our job is to be in their corner as they navigate their own road to success.**