



**UPLIFTING
LIVES.
CREATING
FUTURES.**

**ANNUAL REPORT
2022-2023**

FROM THE EXECUTIVE DIRECTOR

RAISING OUR ASPIRATIONS FOR OREGON'S CHILDREN & TEENAGERS...

You've seen the headlines and you know that Oregon ranks pretty close to last in the nation on most success measures for kids:

"OHA Ombuds report...calls for Oregon to address disparities that prevent children and youth from accessing life-saving behavioral health services." (OREGON CAPITAL CHRONICLE 01/03/24)

"Oregon is placing foster children in unlicensed short-term rental homes and paying millions to do so." (OPB, 11/20/23)

"Oregon has the highest rate of unaccompanied youth experiencing homelessness of any state." (The Oregonian, 01/02/2024)

We all know that these are extremely difficult problems to solve and we would be foolish to think that there are simple or quick solutions to these crises. And we know that the state is not sitting idly by: the governor and legislature have invested hundreds of millions of additional dollars over the last few years in homeless services, addiction treatment and mental health supports.

However, what we also see is a system paralyzed by bureaucracy and stuck in a reactive, response mode. Or perhaps the better analogy is that our government is in a never ending game of whack-a-mole, addressing the immediate crisis in front of them while continually losing sight of the bigger picture and the possibility of a brighter future.

At Parrott Creek we believe that you have to create a vision of the future you want to see and that you then build a plan to get there. You give yourself short-term achievable goals while, step-by-step, you raise your aspirations of what's possible and what you can achieve. This is the journey that we start with each and every one of the children, adults and/or families in our care.

This is also the process that we have created for Parrott Creek. We have set our sights on becoming a regional center of service excellence. We are working with local and national experts on defining what that means and the steps we need to take to bring this vision to life. And in 2023 we started laying the foundations that are making it achievable.

Oregon lacks a vision of what is possible for its children, is trying to simply deliver the bare minimum and to get away from being "the worst". We believe in raising our collective aspirations. Oregon can deliver the best care possible for all who need it. Oregon can keep children and adults off its streets and break cycles of poverty, addiction and death. Oregon can, and will, if it chooses to do so. In our small way, we are trying to show what that could look like...



Simon Fulford
EXECUTIVE DIRECTOR

PARROTT CREEK

SERVING OUR COMMUNITIES.

Parrott Creek's history is a story of local vision and true community commitment. We were founded in 1968 through a citizen-approved bond levy that purchased a farm house and 80 acres of soul-reviving woodland. We then launched a small "ranch" program to help kids get away from negative influences and avoid incarceration. Over the years we have grown into a robust organization providing a diverse array of services – from early interventions for children and teenagers to community based services, outpatient treatment, recovery homes and intensive residential care.

Our community of donors, friends and local, state and federal partners continue to support our vision to become a regional center of excellence in service to our communities. Together we can ensure all children reach their full and true potential.

Interested in learning more about Parrott Creek, donating, or becoming a volunteer?
Please contact Simon Fulford, Executive Director, at sfulford@pcreek.org or 503-722-4110.



PCreek.org



@ParrottCreek

503.722.4110 | 1001 Molalla Ave | Ste. 209 | Oregon City | OR 97045



BY THE NUMBERS.

OUR PROGRAMS



43 Youth | Residential Care Program:

serving youth in the juvenile justice and child welfare systems, our program provides counseling, skill building and therapeutic support to help youth and families work together to create stable, safe and nurturing home environments.



4 Youth | Molalla House:

is our five bed **Independent Living Program** in Oregon City, supporting youth aging out of foster care who could benefit from ongoing client-centered care.



21 Parents Served with 36 Children:

Two **Recovery Homes** provide nine units to young mothers in recovery accompanied by their children.



87 Parents Served with 328 Children:

Steps to Active Recovery (STAR)

Peer support engages parents in treatment services and helps them access preventative healthcare support.



18 Parents and 16 Children:

Home Safe provides up to 12 months of rent assistance to homeless youth aged 16-24 who have children in their primary care or are pregnant.



68 Clients:

Alcohol & Drug Housing Assistance Program

provides housing-focused financial support for adults engaged in substance misuse treatment services.



25 Clients:

Outpatient Mental Health Services for youth and adults ages 11–35.



63 Clients:

Substance Use Disorder / Drug and Alcohol Treatment for ages 12+ and adults (including intensive outpatient).



34 Youth:

Lifeguards is a community based program that provides assessment and outpatient treatment services for adolescents who exhibit sexually inappropriate behavior.

For more detailed information on our program outcomes, please see our **Fall Impact Report** online or request a copy by emailing info@pcreek.org.

Mission

Parrott Creek helps children and families identify strengths and develop skills that build stronger families and safer communities.

Vision

We seek to become a regional center of excellence in service to children, youth and families.



PROGRAM SPOTLIGHT:

SUBSTANCE USE DISORDER PROGRAM.

Chad* is a young man with a heartbreaking problem: he was heavily addicted to fentanyl and used it in the most dangerous way by smoking it, the method causing the most overdose deaths. Chad was living in his car and using over 25 pills a day, plus meth, when he met our Substance Use Disorder (SUD) Program Manager, Kim, at a Clackamas County Probation mobile outreach event.

Chad was open with Kim about his use, but also his resistance to detox and recovery. He didn't want suboxone (a medication that treats opioid addiction), and didn't want to go to a residential program or detox. He plainly said, *"I don't want help."*

But Kim didn't give up on Chad. She met with him a few times individually to dig deeper into his addiction and his resistance to overcoming it. Together they uncovered that Chad was afraid to start trying because he was afraid of failing.

Kim encouraged him to believe in his ability to change and succeed at detox and, when he agreed to start treatment, she helped get his Medicaid activated and scheduled an intake to begin detox the very next morning. His detox was intense from such prolonged and heavy use, but he completed it over seven days. Our Peer Mentor picked him up after his detox and visited him daily while he remained in a high risk environment at a stabilization house.

In a matter of days, our team helped Chad secure six months paid rent in sober living housing and engaged him in our intensive outpatient program. He recently started part time employment and has applied for a student loan to begin college.

"Chad no longer looks dead inside, and he is all smiles with gratitude. He reconnected with his mother and got a haircut. He is ready to work and find purpose in his recovery," Kim proudly shared. *"This is what makes what we are doing worth it."*

We are honored to walk alongside clients, like Chad, as they do the hard work in recovery, and we are proud of our exceptional and passionate staff who help make recovery possible.

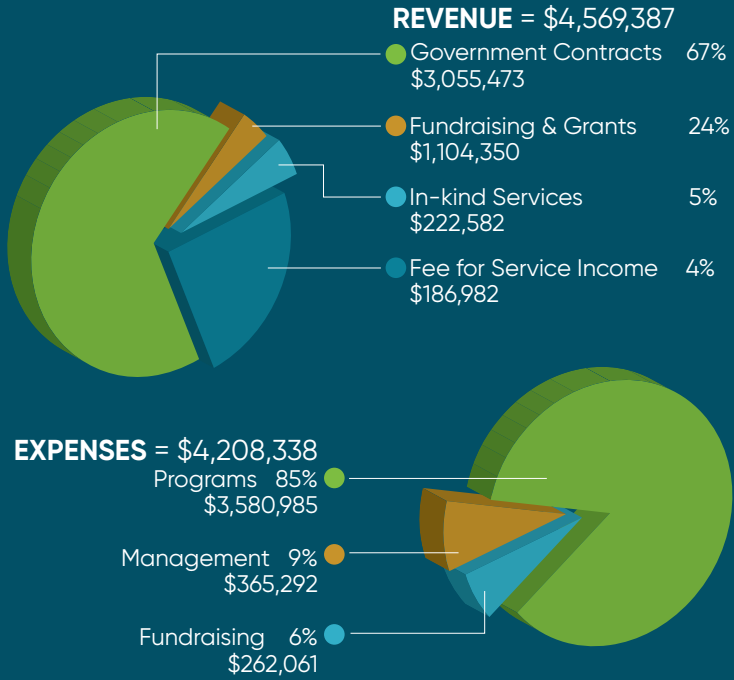
If you or someone you know needs support for addiction, please contact Kim at 971-421-8488 or find us online at pcreek.org/get-help.

*NAME CHANGED TO PROTECT PARTICIPANT PRIVACY

2022–2023

FINANCIAL REPORT.

Year Ending June 30, 2023*



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* Parrott Creek is a 501 (c) (3) nonprofit organization.
All information is based on audited financial statements
which can be obtained by contacting Parrott Creek.