

Thank you for being part of our caring community!

# FALL 2024 IMPACTING LIVES.



**Courage.  
Hope.  
Success.**

BY: **Simon Fulford** EXECUTIVE DIRECTOR

Accessing the care offered by Parrott Creek is typically one of the hardest things our clients will do. Not that we make it hard to receive our support. Quite the opposite. Our compassionate and dedicated staff work incredibly hard to make it as quick and safe and easy as possible to receive our services. However, what is the hardest thing for most of us to do is to accept help that is being offered. Enrolling in a Parrott Creek program might mean having to confront the fact that your husband or partner is violent and abusive and it's not "just my fault." Or you have to admit that drug addiction is destroying your life, or has led to you losing your job and, worst still, access to your children. People come to Parrott Creek when they are often at rock bottom and in a very dark, scary and painful place. It takes courage to walk through our doors. More courage than most of us will ever have to muster...

Our job at Parrott Creek is to honor that courage and help turn it into hope. Once hope has taken root, a lightness of being starts to grow, smiles appear where once there were frowns, wounds heal, sights are raised, dreams take shape. From there, success really starts to happen.

Our annual Impact Report is a snap-shot of what this success looks like for the children, families and individuals we serve. The report contains data points and percentages. The numbers are powerful and the impact is real. But it is our clients' voices that truly testify to this success:

*"Coming out of an abusive relationship with my children's father and embarking on my journey to sobriety has been filled with numerous struggles and hardships. The strength, courage, and resources provided by Parrott Creek have been instrumental in helping me continue on this path. We all need a little help along the way, and your program has been a lifeline for me and my children."*

- Outpatient client and expectant mother of two

## ParrottCreek

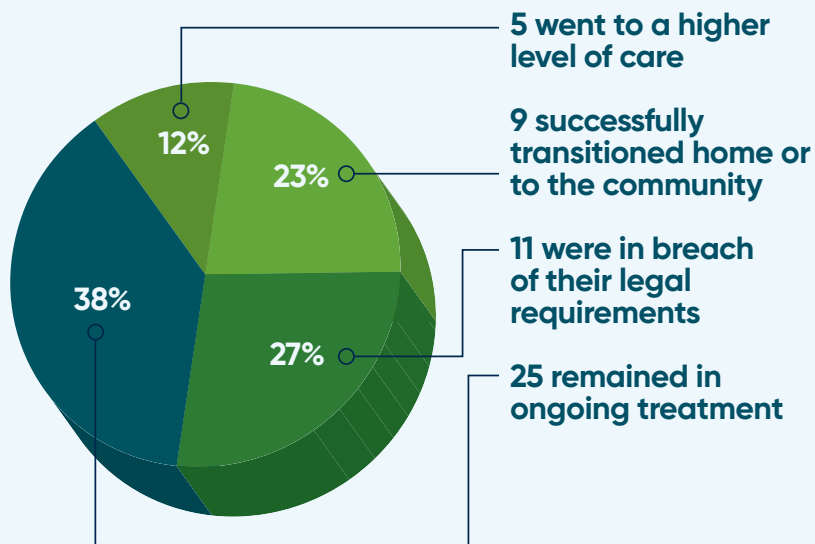
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# RESIDENTIAL TREATMENT PROGRAMS

40 youth served in 2023-24 FY with 25% successfully completing or transitioning from the program.

Serving youth in the juvenile justice and child welfare systems, our program provides counseling, skill building and therapeutic support to help youth and families work together to create stable, safe and nurturing home environments.



## Youth Engagement Statistics

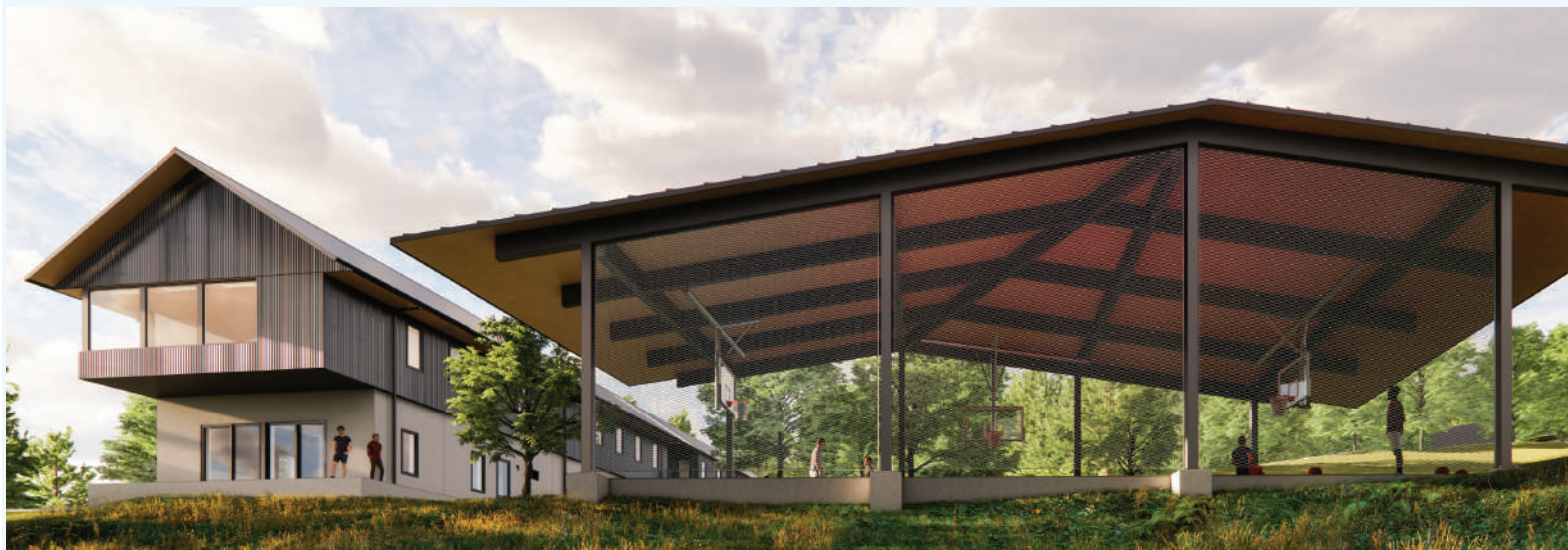
- 93% of youth reported positive changes in their lives.
- 60% of youth reported positive changes in their lives AND reported scores above the clinical cut off for treatment
- 100% of youth attended on-site school with demonstrated grade level improvement.
- 100% of youth engaged in substance abuse treatment, mental health support and skills groups.
- 100% of youth participated with their families in the Family Engagement Program.



## LOOKING AHEAD

Building on our 56-year heritage providing residential care to Oregon's most vulnerable children and youth, Parrott Creek has been working with local and national experts (including the University of Oregon and Harvard University) to re-envision the care, treatment, and physical spaces provided to youth in residential settings.

Having broken ground in October 2023, we are building a brand new 25,000 square foot treatment campus and responding to the growth in demand for mental health and drug-treatment programs that can reverse the disproportionate impact of behavioral health challenges on BIPOC, LGBTQIA+, and other disadvantaged communities. While our buildings are still under construction, we recently won an American Institute of Architects' (AIA) Citation Award for "exemplary achievement" and "outstanding contributions to the well-being of children and families, commitment to environmental sustainability, and dedication to inclusivity and diversity." Our new campus is scheduled to open summer 2025.



## HOUSING PROGRAMS



### INDEPENDENT LIVING PROGRAM

Molalla House is our five bed Independent Living Program in Oregon City. This transitional housing program supports youth aging out of foster care who could benefit from ongoing client-centered support.

**7 youth served**

**1 completed the program and found permanent housing**



### RECOVERY HOMES

Recovery Homes provides two home sites with nine units to young mothers in recovery, and their children.

**21 parents served with 30 children**

**7 completed the program and found stable housing**

## COMMUNITY OUTREACH



### RECOVERY SUPPORT (formerly Steps to Active Recovery STAR)

Peer support engages parents in treatment services and helps them access preventative healthcare support.

**140 parents served with 162 children**

**36 entered drug and alcohol treatment**



### HOME SAFE

Providing up to 12 month rent assistance serving homeless youth between the ages of 16-24 yrs old who have children in their primary care or are pregnant.

**25 parents and 16 children served, with 2 families moving on to stable housing**



### ALCOHOL & DRUG HOUSING ASSISTANCE PROGRAM

Providing housing-focused financial support for adults engaged in substance misuse treatment services.

**81 clients served**

## OUTPATIENT SERVICES



### OUTPATIENT MENTAL HEALTH SERVICES

Mental Health Services for youth and adults ages 11-35.

**47 Clients served**



### SUBSTANCE USE DISORDER TREATMENT

Substance Use Disorder / Drug and Alcohol Treatment for ages 12+ and adults (including intensive outpatient).

**188 Clients served**



### LIFEGUARDS

Lifeguards is a community-based program that provides assessment and outpatient treatment services for adolescents who exhibit sexually inappropriate behavior.

**41 Youth served - 13 discharged the rest are still in treatment**

**7 Clients successfully completed services**

**509 individual counseling sessions provided**

**15 individual family sessions provided**





## IMPACT SPOTLIGHT: Molalla House

Jeremy came to Parrott Creek's Molalla House, our Independent Living Program (ILP), after years of being bounced between foster families and different agencies, ultimately "aging out" of Oregon's foster care system with no place to call "home.". It is therefore no surprise that he struggled at first when coming to Molalla House, as he wasn't expecting this to be any different than the other (failed) attempts at responding to his specific needs.

But core to Parrott Creek is a belief in meeting each client where they are at. And Jeremy was no different. With a case manager dedicated to finding what Jeremy truly needs to be successful, and what success actually means to him, he went from uncertainty to thriving.

Molalla House is a five bed home located in Oregon City. This transitional housing program supports male and male-identifying young adults aging out of foster care or experiencing homelessness who could benefit from ongoing support. Young adults living at Molalla House receive 24 hour staff support and the security of a stable home environment where they can learn skills related to independent living. In addition to learning how to live with others, the youth spend time each week with their case manager learning life skills that will support them in achieving a self-determined life.

Jeremy is nervously excited to start a workforce program at Clackamas Community College this fall, and he's developed friendships with the other young men in the program. They cook meals together, genuinely care when another is sick, and encourage each other along their unique journeys.

Our Housing Case Manager, Claudia, is proud of how far Jeremy has come in his time at Molalla House. Though he is nervous about starting college, she's equally as excited to see what doors this will open for him, as well as providing an example to his peers who are interested in going to school but have yet to feel ready to take that step.

**We are honored to support young men like Jeremy and to be part of their journey. As we often say, we believe our youth and families are smart, capable and doing the best they can with the resources they have available to them. Our job is to help them reach their full potential.**

