



Parrott Creek



**UPLIFTING
LIVES.
CENTERING
COMMUNITY.**

**ANNUAL REPORT
2023-2024**

FROM THE EXECUTIVE DIRECTOR

HONORING COURAGE, CULTIVATING HOPE, DELIVERING SUCCESS.

At Parrott Creek, we recognize that seeking help often takes unparalleled courage. For many of our clients, stepping into our care signifies confronting daunting realities: escaping abusive relationships, facing addiction, or rebuilding family connections. These moments of bravery are the foundation of the transformative journeys we witness every day.

Our role is to honor this courage, nurture it into hope, and guide it toward success. As we share this year's impact, the data speaks volumes—but the voices and stories behind these numbers truly illuminate the life-changing work made possible by your kindness.

While this Annual Report covers our 2023–2024 fiscal year, we are already thinking about the year ahead. We have set a bold vision for what we believe the programs and services we offer should look like. We state loudly and often that the status quo simply isn't good enough, and it is our job to go far above, and way beyond, what is expected of us. To us, that is what it means to be a values-based organization that puts the needs of its clients first and foremost.

With you—our community of family, friends, and supporters—we are building brighter futures. With your continued partnership, we will expand our reach and amplify our impact.

A stylized, handwritten signature in white ink, appearing to read 'Simon Fulford', is positioned above the printed name and title.

Simon Fulford
EXECUTIVE DIRECTOR

PARROTT CREEK

OUR MISSION.

We offer person-centered and culturally responsive programs and services to address social determinants of health in our community. Our goal is for all people to experience social, emotional, and physical well-being with justice and hope. We deliver our mission by ensuring that Parrott Creek is a unique, values-based, and empowering place to work.

Our Vision.

To become a Regional Center of Excellence in service to children, youth, and families.

Interested in learning more about Parrott Creek, donating, or becoming a volunteer?
Please contact Simon Fulford, Executive Director,
at sfulford@pcreek.org or 503-722-4110.



Parrott Creek

CHILD & FAMILY SERVICES

BY THE NUMBERS.

OUTPATIENT SERVICES



- Mental Health Services: **47 INDIVIDUALS** supported through mental health services
- Substance Use Disorder / Drug and Alcohol Treatment: **188 CLIENTS** treated for substance use disorders
- Lifeguards Treatment and Support: **41 LIFEGUARDS CLIENTS**
- Total Served: **276 INDIVIDUALS**

COMMUNITY OUTREACH



- Recovery Support (formerly STAR): **140 COMMUNITY MEMBERS** served





HOUSING SUPPORT



- Alcohol and Drug Housing Assistance Program: **81 PARTICIPANTS SUPPORTED**
- Home Safe & Rapid Rehousing: **25 PARTICIPANTS, 2 FOUND STABLE HOUSING**
- Molalla House: **7 YOUTH SUPPORTED** in transitioning to independence, **1 SECURED PERMANENT HOUSING**
- Recovery Homes: **21 PARENTS AND 30 CHILDREN SUPPORTED, 7 FAMILIES** transitioned to stable housing
- Total **PARTICIPANTS IN HOUSING SUPPORT: 134**

RESIDENTIAL CARE



- Residential Treatment: **40 YOUTH SERVED** through our therapeutic and skill-building programs

POSITIVE PROGRAM OUTCOMES

- **93%** reported positive life changes
- **100%** of youth attended on-site school
- **90%** achieved grade-level improvements
- **100%** participated in treatment & skills groups

SPOTLIGHT STORY

CULTURAL ECOLOGY PROGRAM.

Healing Through Heritage and Nature

In collaboration with Native American communities and other communities of color in the Portland Metro area, we're proud to highlight our Cultural Ecology Program, a unique landback initiative. This program merges environmental education with Indigenous practices, fostering a connection to nature as a means of trauma recovery and addressing the fact that access to culturally appropriate natural areas is a vital component of community wellness.

Our 80-acre site—ancestral lands of the Chinook, Kalapuya, and Molalla people—is at the heart of this program. Led by our cultural ecologists and guided by local cultural experts and community partners, the project integrates traditional ecological knowledge and culturally responsive practices to support children and families impacted by systemic inequities. Youth and families engage in activities like habitat restoration, field science, and cultural workshops both on our property as well as throughout the Willamette Valley and beyond. Together, folks reclaim their connections to the land while addressing the generational impacts of trauma.

One year ago, in February of 2024, the Cultural Ecology program hosted its first community volunteer restoration day in partnership with Bark, an organization focused on "defending and restoring Mt. Hood National Forest and surrounding public lands." The event drew more than 20 people from across the metro area. Through the rain and mud, the group removed encroaching blackberries from a restoration area in our wetlands that had been previously cleared and planted by youth in our residential treatment program. In attendance that day was an employee of Chemawa Indian School and Friends of Trees, who was inspired by the Cultural Ecology program and interested in planning an event for Chemawa students in his Environmental Science class. In April, this employee returned with nine of his students to visit our site and practice cultural use plant surveys. While practicing field science skills, these Native American students from all over the United States also learned more about local first foods and traditional plant knowledge.

Further inspired, Chemawa Indian School then asked Parrott Creek to host the entirety of their school – over 200 students and staff – most of whom found themselves far from their homelands and with limited access to the outdoors. Although our site was under construction for our new youth residential treatment buildings, the Cultural Ecology team was determined to meet this request. Reaching out to the first-ever partners of our program – Friends of Tryon Creek – the team planned to host the school at Tryon Creek State Natural Area, collaborating with other community partners including MAD Bears, LLC, and Friends of Trees. In May of 2024, after just one month of planning, they were successful in hosting a half-day of service learning for Chemawa with rotating stations that included activities such as identifying culturally important plant species; exploring aquatic ecosystems; learning about local wildlife through trail cameras and specimens; habitat restoration; and tasting a variety of traditional first foods. The event was a wonderful success, and ended with students and staff, including the principal, requesting the same be planned for the following year.

This series of events was a perfect snapshot of the Cultural Ecology program. A simple event getting the community out on the land and actively participating in its stewardship impacted an individual, which led to impacting nine more, which led to impacting 200 others in just a few months time. Combining science and culture, this program keeps community at its core to bring humans closer to nature – all thanks to a strong network of carefully built relationships.

Your support fuels innovative projects like this, ensuring we continue to honor heritage, foster resilience, and create pathways to brighter futures.



CAMPAIGN UPDATE



Building on our 56-year heritage providing residential care to some of Oregon's most vulnerable children and youth, Parrott Creek is working with local and national experts (including the University of Oregon and Harvard University) to re-envision the care, treatment and physical spaces provided to youth in residential settings. We are developing sector-leading, transformative, and culturally responsive approaches to residential treatment and we are placing ourselves at the heart of statewide efforts to meet the ever-changing needs of vulnerable children and families. In particular, we are responding to the growth in demand for mental health and drug-treatment services and programs that can reverse the disproportionate impact of behavioral health challenges.

As of June 30, 2024

Phase I

Projected Cost	\$18,401,869
Funding Secured	\$14,401,869

On August 20, 2024

The Parrott Creek Board approved the full project budget

Capital Phase I & II

Projected Cost	\$29,162,389
Funding Secured	\$23,825,997

We Need Your Help to Reach the Finish Line!

Every donation brings us closer to completing a state-of-the-art, 25,000-square-foot treatment campus opening in Summer 2025.

Join us in building a brighter future!



THE FUTURE



Recognized with an American Institute of Architects Citation Award and highlighted in numerous national media articles, this campus embodies our commitment to innovation, sustainability, and equity. Those commitments and our vision are our guiding stars.

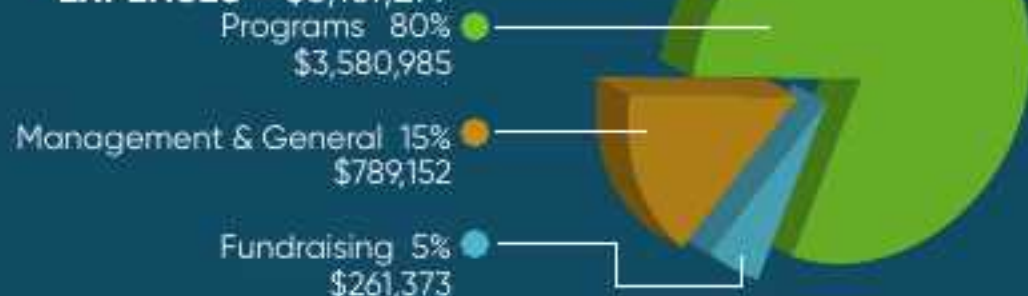
FINANCIAL REPORT.

Year Ending June 30, 2024*

REVENUE = \$4,582,503



EXPENSES = \$5,167,277



NOTE: Expenditure includes \$358,602 in previously restricted assets released.

BOARD OF DIRECTORS.

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RELATIONS AT PROVIDENCE HEALTH PLAN

* Parrott Creek is a 501 (c) (3) nonprofit organization. All information is based on audited financial statements which can be obtained by contacting Parrott Creek.

WE ARE GRATEFUL THANK YOU.

With our planned initiatives and a commitment to inclusivity, our new **treatment campus and community programs** will address the growing demand for mental health and addiction services for those that need it most.

To our donors,

Your contributions are more than financial support; they are investments in **courage, hope, and success**. With your continued partnership, we will ensure every child, family, and individual we serve can reach their fullest potential. To learn more or give today, visit www.pcreek.org or email info@pcreek.org.

PCreek.org



@ParrottCreek

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